

# Voyager



Navy League  
of the United States



VOL. 88 DELGENE PHILLIPS - EDITOR

WWW.LAKEWASHNLUS.ORG

JUNE 2019

## FUTURE EVENTS

AquaSox game	3 July
Trident sub tour	16 July
Scuttlebutt Social Hour	18 July
Dinner Meeting	18 Sep

## ABOUT US

The Lake Washington & Everett Council (LW&EC) is part of the Navy League of the United States, [www.navyleague.org](http://www.navyleague.org)

## SUPPORTED UNITS

USCG Base Seattle  
USCGC Healy (WAGB 20)  
USCGC Henry Blake (WLM 563)  
USCGC Blue Shark (WPB 87360)  
USS Jimmy Carter (SSN 23)  
Undersea R & D Detachment  
Liberty High School NJROTC  
U. of Washington NROTC  
NavSta Everett Sea Cadet Div USNSCC  
USNLCC TS Henry M Jackson  
US Naval Station Everett  
Carrier Strike Group ELEVEN  
Destroyer Squadron Nine  
USS Shoup (DDG 86)  
USS Kidd (DDG 100)  
USS Momsen (DDG 92)  
USS Gridley (DDG 101)  
USS Ralph Johnson (DDG 114)  
USS Sampson (DDG 102)  
Afloat Training Group - PACNW  
Regional Support Organization - PACNW  
Naval Operational Support Center Everett  
Puget Sound Naval Shipyard &  
Intermediate Maintenance Facility

## Council Summer Fun Event

The Lake Washington & Everett Council of the Navy League invites you to come support and show appreciation to the sailors who call Naval Station Everett as homeport at the Navy League Night on July 3rd at the Everett AquaSox.



NAVY LEAGUE

of the United States  
NAVY - MARINE CORPS - COAST GUARD - MERCHANT MARINE  
Lake Washington & Everett Council

# Night

Wednesday, July 3, 2019

Gates Open: 6:05 PM

First Pitch: 7:05 PM

Only available online!

<https://www.milb.com/everett/tickets/single-game-tickets>

**\$20 Picnic  
Option**

Promo Code: **navypic**

### Benefits:

- General Admission Ticket
- 90 Minute All-You-Can-Eat Buffet in Pepsi Picnic Pavilion
- 6 PM - 7:30 PM
  - Hamburgers/Cheeseburgers
  - Hot Dogs - Baked Beans - Assorted Chips
  - Potato Salad - Assorted Cookies
  - Fruit Salad - Pepsi Products & Bottled Aquafina

**\$7 GA  
Ticket**

Promo Code: **navy**

### Benefits:

- General Admission Ticket to the Game

Post Game  
Fireworks!



For More Information Contact:

Conner Grant [connerg@aquasox.com](mailto:connerg@aquasox.com) (425) 258-3673

## VIEW FROM THE BRIDGE



Welcome to our first digital only issue of the Lake Washington & Everett Council's Mackie Award-winning newsletter, *Voyager*. As usual, our council and our supported units have been really

busy, as you will read in this issue. The council hosted the USCGC Healy at our March dinner, where CAPT Greg Tlapa, gave us his last update as the commanding officer of the premier US medium ice-breaker. CAPT Tlapa has been a great friend to the Lake Washington & Everett Council and we will miss him greatly, as he continues his career in the US Coast Guard. We wish CAPT Tlapa and his family, fair winds and following seas for all his future endeavors. We also presented the Sailors of the Quarter and Sailor of the Year awards to outstanding sailors from the Healy. During the March dinner, we also had congressional updates from the offices of US Representatives Rick Larsen and Suzan DelBene's office. Thanks to Adam LeMieux and Ben Studley for the updates. Our student programs continued to do amazing work this past quarter. The Liberty High School NJROTC unit had an amazing quarter, which you will read about in this issue. You will also read about three amazing individuals who graduated from the

## 2019 BOARD OF DIRECTORS

President..... Sanu Chacko  
 First Vice-President..... Vacant  
 Treasurer..... Jeff Garret  
 Secretary..... Janie Nicodemus  
 Judge Advocate..... Bert Kinghorn  
 Chaplain..... Jim Ardissono

**Other Directors:** Cec Allison      John Deehr  
 Kevin Isherwood      Phil Johnson      Bob Lockyer  
 Delgene Phillips      Pete Stiles      John Thoma

**Honorary Members:** Jim Britt      "Mitch" Mitchell

**National Director Emeritus:**  
 Louise Chase (LWC) (NLUS)  
 Roger Ponto (LWC) (NLUS) / Past LWC President  
 RADM John Lockwood, USCG, Retired

University of Washington NROTC unit and were commissioned into the US Navy and the US Marine Corps. Bravo Zulu to these amazing individuals. In April, supported unit Naval Station Everett celebrated 25 years of service to the US Navy and to the economic vitality of Snohomish County. You will read about some of the activities around the celebration in this issue as well. In the last quarter Scuttlebutt events, held every third Thursday of the month, we honored sailors from the USS Kidd and the USS Ralph Johnson. Please mark your calendars to attend our next event and raise a toast to some amazing sailors who call Naval Station Everett homeport. As always, if you know of anyone who wishes to join the council, please ask them to contact us at [membership@lakewashnlus.org](mailto:membership@lakewashnlus.org). Please consider donating to the Lake Washington & Everett Council. We need all the assistance we can get to support the council activities in fulfilling our mission promoting the accomplishments of the sailors of our supported units. I was able to attend the Navy Region Northwest reception in honor of the Chief of Naval Operations, ADM John Richardson, USN at Naval Base Kitsap. I was also in attendance at the change of command for Strike Group ELEVEN where RADM Don Gabrielson, USN was relieved by RADM Yvette Davids, USN. We were able to also go bid farewell to RDML Brendan McPherson, USCG who has taken over as the Military Advisor to the Secretary of Homeland Security. I have been asked, and have humbly accepted, the role as a co-chair for Seattle Seafair's Fleet Week events.

*Sanu Chacko*  
*President*

## WELCOME NEW MEMBERS:

*Richard Mulcahy*

*Jose Sanchez*

*Honorable Stephanie Wright*

*Voyager* is the official newsletter of the LW&EC NL-US and is published electronically in March, June, September and December and provided to all members. Comments and suggestions are welcome and should be sent to: *Voyager* Editor, P.O. Box 547 Bellevue WA 98009-0547 or email to: [etpefp@comcast.net](mailto:etpefp@comcast.net)





The **Theodore Roosevelt Youth Medal** was presented by Pete Stiles to Cadet Petty Officer Second Class **Daniel Tsang** at the Liberty High School NJROTC awards ceremony on 23 May. Liberty High School NJROTC Patriot Company is a supported unit of Lake Washington & Everett Council Navy League US. Theodore Roosevelt, our 26th president, developed an interest in the Navy early in life and as a student at Harvard in 1882 wrote *"The Naval War of 1812"* establishing his credentials as a serious historian. Among his many roles in serving his country, he became Assistant Secretary of the Navy in 1897 and was instrumental in preparing the Navy for the Spanish-American War. It was in 1902 that President Roosevelt established the Navy League of the United States. The Theodore Roosevelt Youth Medal is annually awarded to the outstanding Junior Reserve Officers Training Corps (JROTC) cadet in a unit. Cadet Petty Officer Second Class Daniel Tsang is a sophomore who carries a full course load that includes AP US History, chemistry and Honors literature, in addition to his NJROTC duties and responsibilities. Within NJROTC, he is a member of the Armed Drill Team, and the Northwest Drill and Rifle Conference Puget Sound Division Champion Physical Fitness and Color Guard Teams. Despite his extremely busy schedule, he still finds time to play the violin and participate in the Liberty High School Chamber Strings Ensemble.

## LW&EC BUSINESS AFFILIATES

### Corporate Sponsors

- ◆ The Boeing Company
- ◆ GE Energy Connections
- ◆ GEICO—Military
- ◆ Honeywell, Inc.
- ◆ Microsoft
- ◆ SAFE Boats International
- ◆ Schneider Electric
- ◆ USAA
- ◆ Vigor Shipyards, Inc.

### Community Affiliates

- ◆ American Licorice Company
- ◆ American Publishing & Printing, Inc.
- ◆ Aviation Technical Services
- ◆ B.E. Meyers & Company, Inc.
- ◆ Cadick Corporation
- ◆ Craig Chapman, CFP, Financial Advisor Oppenheimer & Co., Inc.
- ◆ First Command Financial Services
- ◆ Flags & Flagpoles Northwest
- ◆ Forde Financial & Tax, Inc.
- ◆ Global Construction Services, Inc.
- ◆ Gloria R. James, P.L.L.C.
- ◆ Heritage Bank
- ◆ Human Resources of Auburn, Inc.
- ◆ Port of Everett
- ◆ Red Lion Hotel Bellevue
- ◆ US Family Health Plan (USFHP) at Pacific Medical Center
- ◆ Vertical Path Recruiting, Inc.

Through their financial contributions, these business affiliates demonstrate their commitment to LW&EC-NLUS, to the mission of the Navy League, and their desire to support young people through our programs and scholarships.

### Partners

- ◆ Bremerton-Olympic Peninsula Council of the Navy League
- ◆ Hire America's Heroes
- ◆ Tacoma Council of the Navy League

## Amanda Gibbs is The Armed Forces Insurance Military Spouse of the Year® for USCG District 13

*Compiled from Military Spouse of the Year®*

Amanda Gibbs is the wife of IT3 Beau Gibbs, USCG. He is assigned to USCG Base Seattle Command, Control, Communications, Computers, Information Technology (C4IT) Department on detached duty in Astoria, OR. USCG Base Seattle is a Lake Washington & Everett Council supported unit.



The Armed Forces Insurance Military Spouse of the Year® award recognizes military spouses' important contributions and unwavering commitment to the military community and our country. The award gives recognition to military spouses from all branches of service. More than a million men and women maintain the home front while our service members defend this great nation. The program receives nominations from the military community and all Americans. There are four phases of voting, culminating in the announcement of the Armed Forces Insurance Military Spouse of the Year® in Washington, D.C. in early May. The event attracts Congressional members, senior military, Department of Defense leadership, and military spouses from all over the world. All Americans are encouraged to nominate their friends, neighbors, or colleagues for this prestigious award. To be considered for the 2019 Armed Forces Insurance Military Spouse of the Year®, a nominee must be a spouse of an active duty or reserve service member of the US Armed Forces: Army, Marine Corps, Navy, Air Force, Coast Guard, or National Guard.

MSOY Panel and Judge Advisory Panel categories include:

- **Involvement:** Level of involvement in the military community and history of supporting the military spouse and/or military community.
- **Leadership:** Leadership skills shown in past efforts within the military spouse community; exhibits leadership necessary for MSOY role and opportunities that come with the award.
- **Compelling Story:** Story inspires others, is compelling, and will be interesting to others outside of the military community.
- **Communication:** Ability to communicate effectively in public settings and work with media outlets; has actively engaged the media on military spouse issues.

### *Amanda Gibbs shares her Military Spouse story:*

My husband Beau and I were married in October of 2007. We have lived in 13 places, and that was before we joined the military! Beau and I both went to school and I graduated in 2009 from Southern Utah University. Shortly after graduation, we found out we were pregnant with our first child. Thus began a series of jobs, moves and life decisions that would eventually lead us to The United States Coast Guard. Beau and I had been married for seven years before he decided to join. It was a decision that he didn't take lightly and, after many trials, he was standing at a recruiter's office, raising his right hand, and swearing to serve and protect. He was 31 years old! We are from Utah and people often ask us, "Wait, there isn't a coast in Utah is there?" The Coast Guard was where my husband felt he fit the best. After being in the Coast Guard for a mere four years, we have our own military story. We now have moved three times, and have a total of five kids—with surprise twins as our caboose! Having a big family and being a military family gives us a unique perspective on the struggles and blessings that come from being in the military. My kids love being "coasties" and I love being able to support other moms in this journey we are all on. As a military spouse, I have been able to serve in non-traditional ways. I have been blessed from the beginning to meet, through social media and face to face, other incredible





have found myself loving to get involved. When the government shut down in December of 2018 and it rolled over into January of 2019 I found myself helpless and wanting to serve. A fellow spouse reached out to me and asked if I would be willing to speak with a news station about how the shut-down was affecting our family specifically. One interview quickly turned to more and I was able to stand as a face for other Coast Guard spouses. Since we are such a unique circumstance, with five kids and one income, I found people contacting me and letting me know how relatable it was. Being a mom isn't glamorous but it is the best "job" I've ever had and it meant the world to me that others could find a common thread with our struggles. I was someone they could lean on through experience. I also began to be fully involved in helping with the incredible *Be the Light* food pantry that fellow MSOY Stacey Benson set up. Her vision was clear and it was so great to be able to stand up for something right. I was able to set up the pantry floor, stock all of the food, and then be floor manager and volunteer coordinator for the entire pantry. It was incredibly humbling to be able to serve with other military spouses in this capacity. As we stood side by side,

spouses experiencing the same thing I was. While my husband was in basic training, I connected with a few spouses through Facebook. From there we formed bonds that we will have for a lifetime. I served them through encouragement, patience, and love. Allowing others to vent where venting was needed, to cry when crying was necessary, and to laugh when it was all we could do to get through. It may not be medal winning or speech standing but, it's just as valuable. Since Astoria is our first station where we actually live by other members, I

taking care of one another, I was once again reminded why being a military spouse is so important. Through the pantry, I was able to connect to members of congress, senators, and others to bring awareness to issues that directly affect families. My husband may be the one who wears the uniform but I'm the one in the background cheering him on, supporting his goals, and creating my own military story. **Editor's note: Read more of Amanda's story at:**

<https://msoy.afj.org/contestants/amanda-gibbs/>



## USCGC Healy (WAGB 20) Honored at March Dinner

*By Pete Stiles*

*Photos by Delgene Phillips*

On Wednesday, 20 March 2019 the Lake Washington & Everett Council hosted 40 members from the crew of the USCGC Healy. With a total of 94 attendees, the event was held at the Bellevue Red Lion Hotel. Following the no host social hour, board of directors member Pete Stiles opened the meeting at 1845 by welcoming the Healy guests and three prior Healy Commanding Officers, RADM Jeff Garrett USCG, Retired; CAPT Dave Visneski USCG, Retired and CAPT John Reeves USCG, Retired. In addition, Pete recognized CAPT Jed Boba USCG Commanding Officer of Coast Guard Base Seattle and CDR Rob Laird USN and his wife Annie, Commanding Officer of the USS Momsen (DDG-92). Liberty High School NJROTC presented the Colors and NJROTC Cadet Dani Widdows led the audience in the pledge of allegiance. Board member Jim Ardissono gave the invocation and dinner was served. At 1900 Pete resumed the program and invited Adam LeMieux from US Representative Rick Larson's office and Ben Studley from US Representative Suzan DelBene's office to the



podium. Both Adam (*right above*) and Ben (*center above*) gave a brief update on national legislative issues currently being addressed in Washington D.C. GE Power is the USCGC Healy's prime contractor and each year GE Power contributes \$1,000 to help defray the cost of hosting the Healy dinner. In addition, five members of the GE Power Healy Team attend the dinner, including three from their Pittsburgh, PA home office. Pete invited Brandon Gaus, Lead Service Project Manager, US Coast Guard, to the podium. Brandon introduced the other GE Power members in attendance and then gave







an update on the GE Power / Healy connection. Pete thanked Brandon (*above left*) for his comments and presented him with one of the council's new, engraved formal plaques. CAPT Tlapa presented a power point presentation of the Healy's last cruise featuring three areas: mission overview, interesting events and crew highlights. Three Healy missions were funded by NOAA , Office of Naval Research and the National Science Foundation (NSF). Healy's first leg left Dutch Harbor and steamed across the Bearing Sea through Bearing Strait around to Barrow in 16 days. The second leg saw the most ice in 35 days north of Barrow to 81 degrees North. Heavy ice breaking in multi-year ice was the capstone of the trip. The final mission pushed into Canadian maritime disputed claims area for a NSF 23 day program. Healy conducted seven ice

stations which is a dangerous, complex coordinated event involving having 10,000 pounds of equipment and up to 80 personnel on the ice up to a quarter mile away from the ship. A tripod is used to work beneath ice with a network of sensors (upward looking sonars) and an array of underwater acoustic sounding and recording devices below the ice so that acoustics could be corroborated with the change in ice scape. Finally, on return to Seattle, Healy made a side trip into Tracy Arm Fjord, south of Juneau, for the family & friends (50) cruise portion. A crew member wedding was conducted in Tracy Arm. The fjord had not been surveyed for 12 years, so Healy ended up two miles inside a previously uncharted area. Pete thanked CAPT Tlapa for his service to the USCG and presented him a council plaque. Healy's Command Master Chief Andrea Martynowski explained why each "Coastie" had been selected as Sailor of the Quarter: EMC Miguel Espinosa, CSC Lisa Densmore, DC2 Bradley Robinson, MK3 Preston Freking and 2018 Enlisted Person of the Year MK2 James Warren.

*Left to right: BMCM Andrea Martynowski, EMC Miguel Espinosa, CSC Lisa Densmore, DC2 Bradley Robinson, MK3 Preston Freking, MK2 James Warren & CAPT Greg Tlapa.*





## Liberty High NJROTC Busy with March Activities

By John Deehr

Photos courtesy of NJROTC

On Saturday, 16 March, Patriot Company completed their drill season by participating in the Northwest Drill and Rifle Conference Championships at Oregon City High School in Oregon City, OR. The Northwest Drill and Rifle Conference is comprised of 32 JROTC high schools from throughout the Puget Sound area. The Regional Championships pit the best teams from the conference against each other in to determine the very best teams and the best overall school in the conference. Patriot Company qualified the following teams:

**Color Guard Team 1:** Olivia Van Ry, Kerrek Matson, Daniel Tsang & Colby Van Ry

**Color Guard Team 2:** Faith Ellis, Mathea Caole, Chandler Alexander & Carson Tucker

**Physical Fitness Team:** Justin Le, Taylor Nicole Le, Emily Lew, Kaitlin Lew & Daniel Tsang

**Academics Team:** Lenna Weiss, Evan Rosenflet, Jacob Hill, Carson Tucker & Khanh Dao

**Precision Air Rifle:** Faith Ellis, Chandler Alexander, Olivia Van Ry, Christopher Lew & Mathea Caole

While Patriot Company did not fare as well overall as they had hoped but achieved the following noteworthy team results:

**Physical Fitness 2<sup>nd</sup>**      **Precision Air Rifle 4<sup>th</sup>**  
**Color Guard Team #2 6th**

Individual awards went to: Mathea Caole (11th grade) for finishing 4th in Precision Air Rifle Kaitlin Lew (at left) (9th grade) was crowned the Conference Iron Woman for being the female Cadet to score the most points on the physical fitness test. Cadet Lew finished with 409 points outpacing her nearest competitor by 72 points! Patriot Company finished 6th overall in the conference.



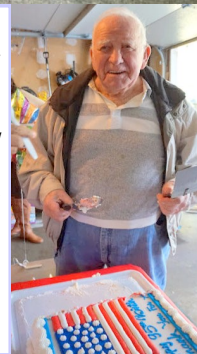
*From left to right: Cadets Olivia Van Ry (11), Christopher Lew (11), Chandler Alexander (12) & Mathea Caole (11) take aim during the precision air rifle competition. Mathea Caole led the team with a season high score of 572 of 600.*



*From left to right: Cadets Daniel Tsang (10), Carson Tucker (10) & Christopher Lew (11) compete during the Individual Armed Drill Down.*



On Saturday, 30 March, CPO Spears, CAPT Deehr, and cadets (left to right) Fox Mercury, Aurora Baldwin, Evan Rosenfelt, Joshua Pullins, Daniel Morrelli, & Giovanni Francavilla (not pictured) gathered at Mr. Dale Brown's home, a WW II veteran who needed assistance cleaning his yard after the harsh winter. Mr. Brown, stationed in Europe in WWII, cut & serves his 95<sup>th</sup> birthday cake after cadets and volunteers finished the yard.







*Above on 29 March, NJROTC provided Colors for the Play Unify game between Liberty and Issaquah high schools. Color Guard: Cadet PO1 Lindsay Carvalho, Cadet LT Kerrek Matson, Cadet PO3 Colby Van Ry & Cadet SN Logan Harris.*



*On Saturday evening, 23 March, 147 cadets, administrators, senior parents, and guests attended the annual NJROTC Navy Ball at Sahalee Country Club to celebrate the Navy's 243rd birthday and illustrious history. The evening included a receiving line and a formal ceremony that was made up of the presentation of the Colors, a cake cutting, guest speaker, sit down dinner, senior recognition, royal court announcement and dancing. A great time was had by all!*





## First USCG female Rescue Swimmer promoted to chief petty officer

By LT Stephanie Young, USCG  
USCG photo by PO3 Jon-Paul Rios, USCG

When the motor vessel *Marine Electric* was caught in a winter storm in the early hours of 12 Feb 1983, the 605-foot ship capsized, tossing 34 crewmembers into the 39-degree waters east of Chincoteague, VA. *Marine Electric* radioed a mayday and soon a helicopter crew from Air Station Elizabeth City, NC, was airborne. When the crew arrived on scene, they lowered a rescue bas-



ket to a survivor; hypothermic and exhausted, the survivor did not have the strength to climb in. After several attempts, the helicopter crew was forced to move on to the next survivor. He too was unable to climb into the basket under his own strength. It was a painful sight for these lifesavers. By day's end, even with the assistance of an additional Navy helicopter, only three of the 34 crewmembers survived. An investigation was conducted in this tragic loss of life and a congressional hearing convened. On 30 Oct 1984, Congress acted on the hearing's findings and directed the Coast Guard to "establish a helicopter rescue swimming program for the purpose of training selected Coast Guard personnel in rescue swimming skills." While there were many aviation ratings already in the service, it was soon decided the aviation survivalman rating, already identified with sea survival, was the most easily transformed. As the transition took place, there were many concerns raised, but the one that stood out the most was whether the new program would be open to women. The already challenging rate would become even more demanding due to the physical requirements of performing the duties of a rescue swimmer. In addition, no other service allowed females in similar programs at the time.

After considerable thought, the Coast Guard decided any physical fitness standards would be both "mission specific" and gender blind; meaning women who possessed the strength and stamina were as eligible as men to become rescue swimmers. It was an historic moment for the Coast Guard. Fast forward to today and Chief Petty Officer Karen Voorhees is now part of this history. Voorhees is the first woman to advance to chief petty officer in the rate of aviation survival technician since women were integrated into Coast Guard active duty service in 1973. *"In 1976 we had the first female graduate from aviation survivalman school. In 1986 we had the first female graduate from a navy rescue swimmer school. Twenty-seven years later we have the first aviation survival technician promoted to the rank of chief petty officer,"* said CAPT Joe Kimball, commanding officer of Air Station Miami. *"As of this morning, aviation survival technician was the last rating, of all the currently active ratings in the Coast Guard, that had never had a female to rank as chief petty officer,"* added Kimball. This milestone was put into perspective by Voorhees herself who spoke about raising young women who are "smarter and stronger." *"I think that if we treated*

*our girls with the same respect and initiative that we treat boys and expect them to live up to the standards*



*we set them instead of lowering the standards for the girls to meet, I think we will do much better and I think we will have a lot more females in the military, in aviation, just running the world,"* said Voorhees during an interview 15 May 2013. Voorhees' milestone proves that with hard work and dedication, you can accomplish your goals. And whether you're running the world or donning fins and a mask to plunge into the water and save lives, your dreams are possible – man or woman. Above Chief Petty Officer Karen Voorhees is pinned with anchors to signify her advancement to the rank of chief petty officer.

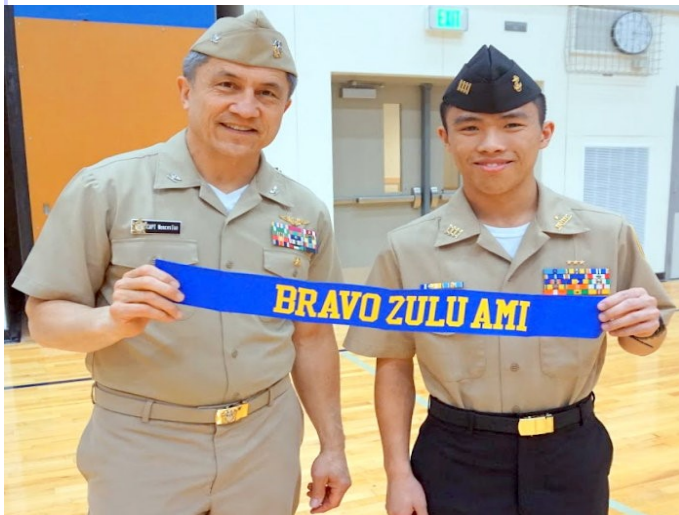


## Liberty High NJROTC Awarded Bravo Zulu Pennant

By John Deehr

Photos courtesy of NJROTC

Congratulations to Patriot Company who completed their Annual Military Inspection on 17 April. CAPT Wenceslao, from Naval headquarters, conducted the inspection and was very impressed with the uniform appearance, drill performance, and overall knowledge of the cadets. CAPT Wenceslao awarded Patriot Company a Bravo Zulu



(Well Done) Pennant to be flown from their Guidon Flag. Patriot Company was the only Navy JROTC unit in Washington awarded the Bravo Zulu Pennant in the 2018-19 school year. Cadet CO Alex Pham (12) *(above right)* receives the Bravo Zulu Pennant from CAPT Wenceslao after the Area Manager's Inspection. CAPT Wenceslao *(below)* measures the distance of Cadet Julius Sjolie's (9) rank device on his shirt collar to ensure it is worn according to uniform regulations.



## Echo Platoon Wins Third Annual Captain's Cup Competition

By John Deehr

Photos courtesy of NJROTC

On 26 April, Patriot Company held its third annual Captain's Cup competition where platoons compete in various physical fitness and fun events. Events included: plank holds, leg lifts, sit ups, push ups, jump rope, squats w/9lb sand stick, monkey fist throw, three legged race, dizzy bat relay, and the Marine Corps Combat Fitness test that includes an 800 meter relay, 35lb ammo can lift, and maneuver under fire.



*(at left)*

*Cadets from Echo Platoon compete against the Cadets of Charlie Platoon in the tug-of-war.*

*Chief Spears (right) supplies motivation as Cadet Matthew Martin runs the last 50 yards of the maneuver under fire portion of the Marine Corps Combat Fitness Test, carrying two 35lb ammo cans.*



*(at left) Cadets Samuel Jeremica, Naomi Heller, Grant Brown, and Chris Lew encourage Cadet Thomas Le as he struggles to lift the 35lb ammo can one more time as part of the Marine Corps Combat Fitness Test.*



**From left to right:** Echo Platoon Cadets: Mathea Caole, Kylee Cosand, Marissa Carr, Faith Ellis, Julius Sjolie, Katharine Harris, Carson Tucker & Chandler Alexander



## University of Washington NROTC Winter Commissioning Ceremony

By Pete Stiles

Photo by Jim Ardissono

On 22 March 2019 LW&E Council board members Jim Ardissono and Pete Stiles, and council member Dan Burr, attended the University of Washington NROTC Winter Commissioning Ceremony held in the campus Music Building. Presiding Officer was CAPT Michael Lockwood USN, Professor of Naval Science and NROTC CO. Keynote Speaker was CAPT Stephen Stone USMC, NROTC Marine Officer Instructor. Three midshipmen received their commissions.

**ENS Gavin Babb USN** (*below left*) was born and raised in Reading, PA. He graduated from Wyomingissing Area Junior/Senior High School in 2015. At the University of Washington he earned a Bachelor's Degree in Political Science with a minor in Naval Science. As a member of Husky Battalion, ENS Babb served as Trident Company Squad Leader, Birthday Ball Staff, Assistant Physical Training Instructor, New Student Orientation Squad Leader, Platoon Commander and Battalion Operations Officer. ENS Babb reports to flight school in Pensacola, FL on 21 May 2019.

**2ndLt Sabrina Johnson USMC** (*below center*) was born in Portland, OR and grew up in Mapleton, UT. After moving to Vancouver, WA she graduated from Union High School. At the University of Washington, 2ndLt Johnson earned her Bachelor's Degree in International Studies with a track in Political Economy. As a member of Husky Battalion, she served as Battalion Guide, Bulldog Company Squad Leader, Bulldog Company Commander, Regulation Drill Platoon Sergeant and Battalion Commanding Officer. 2ndLt Johnson reports to The Basic School in Quantico, VA on 7 May 2019.

**2ndLt Ben Moulton USMC** (*below right*) was born in Ketchikan, AK; moved to Emmett, ID and graduated from Emmett High School; graduating magna cum-laude and earned the four year ROTC scholarship Marine Option at the University of Washington. 2ndLt Moulton graduated with a Bachelor of Arts Degree in Political Science. In college he was captain of the U. of Washington boxing team. In Husky Battalion, 2ndLt Moulton held the billets as Squad Leader, Supply Sergeant, Joint Service Review Coordinator, Battalion Orientation Platoon Sergeant and Battalion Bulldog Company Commander. 2ndLt Moulton will report to The Basic School in Quantico, VA on 5 May 2019, then flight school in Pensacola, FL.





## Patriot Company Wins Kitsap Regional Underwater ROV Competition

By John Deehr

Photos courtesy of NJROTC

On 27 April, Patriot Company's SeaPerch Team won the Kitsap Regional Underwater ROV competition. Providing a technical presentation and notebook to the judges and competing in two in-

water maneuverability exercises, Patriot Company finished first in both categories. By winning, our SeaPerch team qualified for the National Sea Perch Challenge at the University of Maryland on 1-2 June. Four team members will travel to College Park, MD with CAPT Deehr and two other parents. SeaPerch is an innovative underwater robotics program that equips teachers and students with the resources they need to build an

underwater Remotely Operated Vehicle (ROV) from a kit of low-cost, easily accessible parts, following a curriculum that teaches basic engineering and science concepts with a marine engineering theme. The SeaPerch Program provides students opportunities to learn robotics, engineering, science, and mathematics (STEM). Throughout the project, students learn engineering concepts, problem solving, teamwork, and technical applications.

*(At left) Cadet Carson Tucker maneuvers Patriot Company's ROV through the obstacle course as the judges look on.*



**Below left to right:** CAPT Deehr, Cadets Timothy Caole, Faith Ellis, Dominic Ogino, Evan Rosenfelt, Kaitlin Lew, Mathea Caole, Sofia VanHuss & Carson Tucker. Rosenfelt, Tucker, Ogino & VanHuss will be going to the National Challenge





## Naval Station Everett Celebrates 25 Years

*By Robert Lockyer*

*Photo by Nate Nehring, Snohomish County Council*

On 11 April, Economic Alliance Snohomish County sponsored a dinner, presented by 360 Hotel Group, recognizing 25 years of Naval Station Everett in Snohomish County. Economic Alliance Snohomish County is a non-profit serving as a combined economic development organization and countywide chamber of commerce bringing together private-public partners to create a unified voice for Snohomish County. They are committed to growing and nurturing a vital regional economy that is globally competitive. This is achieved by expanding partnerships, developing key resources and building the infrastructure systems creating local and regional employment centers. Naval Station Everett, is the fourth largest employer in Snohomish County and an integral part of the community. Below, commanding of-



ficer CAPT Michael Davis updates business leaders on current NavSta operations. The annual Hal S. Lewis Leadership Excellence Award is open to personnel, E-4 through E-6, stationed on NavSta Everett and its tenant commands and below are the 2018 winners announced at dinner:

**NC1 SW/AW/EXW Ryan Holland USN**  
Sailor of the Year – USS Kidd  
Presented by LW&E Council – NLUS  
Accompanied by CDR McNealy,  
Commanding Officer, USS Kidd

*and*

**NC1 SW/AW James Lutes USN**  
Naval Station Everett Sailor of the Year  
Presented by the LW&E Council - NLUS  
The award was accepted by CDR Burley  
on behalf of NC1 Lutes who had duty.

## Scuttlebutt Brewing Company Social Update

*Article & photos by Robert Lockyer*

On Thursday, 18 April, at the monthly gathering at 1205 Craftsman Way, #101 in Everett, the sailors below were recognized: CDR McNealy (*below*



*right*) congratulates crew of USS Kidd (DDG 100) including Senior Sailor of the Quarter Seth Worley (*at left*) and Junior Sailor of the Quarter Michael Barber (*at right*). STG2 Jason Gamble (*below left*), USS Sampson (DDG 102), is recognized for meritorious promotion. NL National Director Larry Slater (*below right*) visits Scuttlebutt social.





## **Snohomish County Council recognizes Naval Station Everett's 25th Anniversary**

*By Cassie Fannin – Snohomish County Council Public Information Officer*

On Wednesday, 10 April 2019, the Snohomish County Council passed resolution 19-012, recognizing Naval Station Everett's 25th Anniversary.

The Council would like to honor the military and civilian personnel that work at the station and express how much we also value the families that support them and their work.

*"We deeply appreciate Naval Station Everett and all the men and women serving in our Navy and Coast Guard as well as their service defending our County and Nation," said County Council Chair Terry Ryan. "Naval Station Everett is a perfect fit for our County and surrounding cities."*

*"We are honored to be the home of Naval Station Everett," added Council Vice-Chair Nate Nehring. "The sailors, their families, and station personnel provide invaluable contributions to our nation, county, and communities."*

For these past 25 years Naval Station Everett has been woven into the fabric of our community. The Council recognizes the significant positive impacts Naval Station Everett has provided to our public.

Naval Station Everett was selected from among 13 ports as an ideal location for the Navy's Strategic Homeport Initiative, with Initial Operating Capability achieved in April 1987. It is a critical facility to the Navy, being one of only two deep water port facilities on the western coast of the United States and the most modern shore installation in the U.S.

*"The Navy is such an integral part of our community here in Snohomish County – I look forward to*

*the next 25 years of engagement and partnership with the Navy,"* said Councilmember Brian Sullivan.

*"Naval Station Everett is a unique facility that strengthens our community and local economy,"* said Councilmember Stephanie Wright. *"We are grateful to enlisted personnel and their families, and for all the contributions they have made to our community."*

In 2017 Naval Station Everett received awards for its conservation achievements including 2017 Secretary of the Navy Environmental Award for Industrial Sustainability and the 2017 Secretary of the Navy Energy Conservation Award. *"I am*



*glad that we are recognizing the Naval Station today,"* said Councilmember Sam Low. *"As one of the many benefits of hosting a naval station, Naval Station Everett has a significant economic impact in Snohomish County and we are grateful for that."*

The Council would like to thank Commanding Officer CAPT Michael Davis and CDR R. D. Burley for attending our General Legislative Session for our passage of this resolution. We are extremely proud that Naval Station Everett calls Snohomish County home.



## USS Ralph Johnson (DDG 114) Tour

By Jim Ardisson

On 16 May, LW&E Council provided a tour of USS Ralph Johnson (DDG 114), an Arleigh Burke-class destroyer homeported at NavSta Everett. The contract to build was awarded on 26 September 2011 to Ingalls Shipbuilding of Pascagoula, MS. On 15 February 2012, Secretary of the Navy Ray Mabus announced the ship's name would be Ralph Johnson in honor of Marine Ralph H. Johnson (*left below with fellow Marine Alex Colvin*). On 5 March 1968, Charleston, SC native and United States Marine Private First Class Ralph Johnson was a member of a fifteen-man



reconnaissance patrol manning an observation post deep behind enemy lines overlooking the Quang Duc Valley. During one of many attacks by a significantly larger enemy force, a hand-grenade landed in the three-man fighting hole occupied by Private First Class Johnson and two fellow Marines. Realizing the inherent danger to his comrades, he quickly shouted a warning and unhesitatingly hurled himself upon the explosive device. When the grenade exploded, Private First Class Johnson absorbed the tremendous impact of the blast and was killed instantly. His prompt and heroic act not only saved the life of one Marine, but prevented the enemy from penetrating his sector of the patrol's perimeter and killing the remaining members of his patrol. For his heroic actions, Private First Class Johnson, USMC received the Medal of Honor posthumously.



Above left is CO CDR Casey Mahon who did a great job conducting the tour. He was very enthusiastic and informative. The ship is staffed with a crew of over 310 sailors. The USS Johnson contract was worth \$697.6 million fixed price, and was also the 30<sup>th</sup> Arleigh Burke-class destroyer contract issued to Ingalls Shipbuilding. Ralph Johnson is the 64th ship of the Arleigh Burke class of destroyers, the first of which, USS Arleigh Burke (DDG-51), was commissioned in July 1991. With 75 ships planned to be built in total, the class has the longest production run for any U.S. Navy surface combatant. As an Arleigh Burke-class ship, Ralph Johnson's roles included anti-aircraft, anti-submarine, and anti-surface warfare, as well as strike operations. During its long production run, the class was built in three flights—Flight I (DDG-51–DDG-71), Flight II (DDG-72–DDG-78), and Flight IIA (DDG-79–). Ralph Johnson is a Flight IIA ship, and as such, will feature several improvements in terms of ballistic missile defense, an embarked air wing, and the inclusion of mine-detecting ability.



USN Photo by Andrew Young





## Liberty High NJROTC Busy Through Year End

By John Deehr

Photos courtesy of NJROTC

On 21 May Cadet Petty Officer Third Class Sofia VanHuss (left) and Cadet First Class Petty Officer Khahn Dao (right) were recognized as NJROTC Outstanding Freshman and Outstanding Upperclassman



at the Career Technical Education (CTE) Showcase at Issaquah High School. On 23 May cadets provided



The Colors at two Seattle City Light Memorial Day ceremonies. The first was held at their North Service Center (left) in the Northgate area and the second at their downtown office (bottom).



On 23 May NJROTC held their annual awards ceremony where cadets are recognized for their hard work throughout the school year. Cadet CPO Van Ry (right) was recognized as the



NS3 Cadet of the Year. Cadets Kaitlin Lew (below left) and Emily Lew (below right) were



advanced to Petty Officer Second Class by their parents Arthur and Jasmine Lew.

On 26 May cadets provided The Colors and Honor Guard for the Memorial Day ceremony at Issaquah



Hillside Cemetery. (Above) Cadets Olivia Van Ry (National Ensign), Jacob Hill (Navy Flag), Faith Ellis (left rifle) and Logan Harris (right rifle) provide The



The Colors for the ceremony. (At left) Cadets stand by to provide the Honor Guard and 21 gun salute at the Memorial Day ceremony.



## Coast Guard Base Seattle Mission Explained at Spring Dinner

By Pete Stiles

Photos by Delgene Phillips

On Wednesday, 15 May 2019, the Lake Washington & Everett Council held its annual Spring Dinner at the Bellevue Red Lion Hotel. Following the social hour (*at right, Derrick Crummy chats with Jeff Garrett*), Past President Pete Stiles welcomed the evening's guests. Liberty High School NJROTC presented the colors, NJROTC Cadet Dominic Ogino led the audience in the Pledge of Allegiance and the Council's Chaplain, Jim Ardissono gave the invocation. Following the buffet dinner, Pete resumed the meeting by intro-



ducing Eric Corning (*above center with Pete Stiles and Robert Lockyer at right*), the Interim President and Chief Executive Officer for Seattle Seafair. Eric, who had served on the Seafair Board of Directors, and a long-time Seafair volunteer. Eric presented a short historic video showing the history (*starting in 1950 after four months of planning by Walter Van Kamp*) and purpose of Seafair (*promote tourism & family oriented entertainment*). In early years, 250,000 saw racing events. New this year will be: Age 21 and over 4th of July fireworks viewing area at South Lake Union Park, Capital One Torchlight 5K Run presented by Swedish starting and ending



**Left to right:** John Deeher, Sheila Podmore, Robin Podmore & June Allison



at Seattle Center and running along the 4th Avenue Torchlight Parade route, a new ticket system eliminating lines during Fleet Week ship tours, a 300 vehicle classic car show on Washington Blvd., four vintage boats on display along with J-boats, Hyperlite World Class Wakeboarding and Monster Energy's BMX Stunt Bikes. Pete thanked Eric for his excellent presentation, wished him well in his current role as Interim President and, as a token of the council's appreciation, presented him a council Challenge Coin. Pete next introduced CAPT Jed Boba, USCG. CAPT Boba assumed the duties as Commanding Officer Coast Guard Base Seattle in July 2018 after serving as Executive Officer from July 2016 to July 2018. As Commanding Officer, he is responsible for providing a wide variety of mission support services to units and personnel within the Thirteenth Coast Guard District. CAPT Boba thanked the council for honoring the Base Seattle sailors and as the senior mission support specialist in D13, explained what Base Seattle does by comparing it to football. If diva receivers are the aviators and the quarterbacks are boat-swain's mates, then Base Seattle is the offensive line, plowing the way for other folks so they get where they need to go. Base Seattle has 400 personnel with 100 on detached duty throughout the district. Base Seattle is two things: a place (*gate security vets 1,200 people a day*) and also a service provider to ships at base and throughout the district. CAPT Boba was most proud of the base service to major cutters who have to leave personnel (*40 to 50 personnel every day*) ashore for various reasons and Base Seattle takes any and all care of those individuals. Services to district include: ID cards (*250 monthly*); chaplain; MWR & fitness



center (2,700 uses monthly); dining facility (450,000 meals yearly); honor guard; educational services; transportation office; district mass transit benefits program; decedent affairs (125 military funerals yearly); medical & dental clinic (90 medical/dental appointments daily); comptroller (\$18 million payroll monthly) & base operations; procurement & contracting; facilities engineering (23 acres / 5 acre boat basin & 2,000 sq. ft. Building 7 - largest in CG); naval engineering; command, control, communications, computers, information technology (C4IT) and Coast Guard Museum Northwest. Sector Operations Building is the newest building, built in 2005. A night homeless shelter for 230 men on the SE corner of Building 7 was deeded into building when obtained from the US Army. Other structures include a earthquake resistant COTP IT location, city leased parking lot which CG hopes to buy, ANT building, small magazine, galley, 22 room UPH and Building 3 with a gym on one side and naval engineering for shipboard maintenance on the other side. At the conclusion of his presentation Pete also presented CAPT Boba with a council Challenge Coin and informed him that he would be receiving the council's engraved plaque within the following two weeks. Pete Stiles asked CAPT Boba (*below at left*) to remain at the podium and invited CMC Scotty Hudson USCG (*below at right*) and two of Coast Guard Base Seattle's most recent recognized enlisted personnel, YN1 Rita Martinez—



Enlisted Person of the Year 2018 (*above left & Freddy Martinez*) and YN3 Jessie Contreras—Enlisted Person of the 1st Quarter (*below second from right*) to join them at the podium. After CMC Hudson explained in detail why each “Coastie” had been selected, Pete presented each with the council's engraved coffee mug and thanked both for their service to the US Coast Guard and the United States of America. Pete announced the next council event would be a “Navy Recognition Night” at an Everett AquaSox evening baseball game on 3 July 2019 and the next council dinner at the Bellevue Red Lion Hotel will be held 18 September 2019.





## USCGC Healy (WAGB 20) Change of Command

By Jeff Garrett

Photo by ENS Sam Wood, USCGC Healy

A change of command ceremony was held on Wednesday, 19 June, for USCGC Healy, one of the Lake Washington & Everett Council's supported units. With the Commander, Coast Guard Pacific Area, VADM Linda Fagan, presiding, CAPT Mary Ellen J. Durley relieved CAPT Greg Tlapa as Commanding Officer. Although Healy was still undergoing maintenance work at Vigor Shipyard, the ceremony was held outdoors in fine weather on pier 35 at USCG Base Seattle. Attendees included numerous prior icebreaker commanding officers (*see below*), including all but two of past and present CGC Healy commanding officers. CAPT Durley reports from her previous assignment as Chief, Office of Navigation Systems at US Coast Guard Headquarters. A 1985 Coast Guard Academy graduate, her career has included multiple afloat assignments, including as Executive Officer of USCGC Polar Star (WAGB 10). CAPT Tlapa was awarded the Meritorious Service Medal for his service aboard CGC Healy, and proceeds to his next assignment as the Ninth Coast Guard District's Chief of Response.



*(Above) CAPT Durley shakes hands with CAPT Tlapa as VADM Linda Fagan look on. (Below L to R) Jeff Garrett (1999-2001), Bill Rall (2010-11), John Reeves (2013-15), Dave Visneski (2001-03), Ted Lindstrom (2006-08), Greg Tlapa (2017-19), Bev Havlik (2011-13), Mary Ellen Durley (2019- ) & Jason Hamilton (2015-17)*



Photo by CDR Vic Primeaux, USCG, Retired



**TRIDENT Tour  
16 JULY 2019**

**TIMELINE:**

**0915:** Meet at:

**Keyport Naval Undersea Museum  
1 Garnet Way  
Keyport, WA 98345**

**0930:** Board the bus for the Trident Submarine location

**1000:** Trident Submarine Tour

**1155:** Lunch at Trident Inn Galley (cost is \$5.60)

**1300:** Tour of Trident Training Facility (TTF)

**1500:** Return to Undersea Warfare Museum (your vehicles)

**To Get ON the LIST of ATTENDEES—Email:**

***j.ardissono@wfafinet.com***

***=FULL Legal Name***

***=Date of Birth (must be at least 11 years old)***

***=Last four digits of Social Security number***

***=US Citizen (Must be a US Citizen)***

***=Title***

***=Cell #***

Once Jim receives the requested information, he will add you to the list of attendees.

**The day of the Tour You will need to bring Your:**

- 1. Picture ID/Drivers License/Student ID; PLUS***
- 2. Birth Certificate or Passport or Enhanced Drivers License***

**Questions:**

Jim Ardissono  
Director of Tours  
Lake Washington & Everett Council – Navy League of the United States  
W) 425 391 5567  
C) 425 503 2556



LAKE WASHINGTON & EVERETT COUNCIL  
NAVY LEAGUE OF THE UNITED STATES  
P.O. Box 547  
BELLEVUE WA 98009-0547

NON-PROFIT ORG  
US POSTAGE  
PAID  
BELLEVUE WA  
PERMIT NO. 146

Return Service Requested



## NAVY LEAGUE *of the United States*

# Lake Washington & Everett Council

### CITIZENS IN SUPPORT OF THE SEA SERVICES

**Lake Washington & Everett Council is your community organization that:**

Supports our Puget Sound Sea Services: USCGC Healy, USCGC Henry Blake, USCGC Blue Shark, USCG Base Seattle, USS Jimmy Carter, Naval Station Everett and Undersea R & D Detachment, USS Shoup, USS Kidd, USS Momsen, USS Gridley, USS Ralph Johnson, USS Sampson, Destroyer Squadron Nine, Carrier Strike Group ELEVEN, Regional Support Organization – Pacific Northwest, Afloat Training Group – Pacific Northwest, Naval Operational Support Center Everett & Puget Sound Naval Shipyard & Intermediate Maintenance Facility

- Supports local Naval Reserve Officers Training Units and US Naval Sea Cadet Corps: Liberty High School NJROTC, University of Washington NROTC, US Naval Sea Cadet Corps, Naval Station Everett Division & Navy League Sea Cadet Corps Training Ship Henry M. Jackson
- Increases awareness of the diversity of maritime units in Puget Sound.
- Conveys the pivotal role of Puget Sound sea services in national and regional security.
- Furthers understanding that maritime commerce is the cornerstone of our region's economy.

### *Navy League of the United States Mission Statement*

*A civilian organization dedicated to informing the American people and their government that the United States of America is a maritime nation and that its national defense and economic well being are dependent upon strong sea services – United States Navy, United States Marine Corps, United States Coast Guard and United States Merchant Marine.*